

CONFIRMATION  
(B YEAR)

**Opening Prayer:**

Read Psalm 23. Take turns reading each verse.

**Look at Psalm 23:**

1. Why do you think this Psalm is so popular?
2. When have you heard this Psalm read?
3. What are the metaphors given for God? What do they say about God?
4. What does this Psalm mean for you in your life?

Look at the Psalm line-for-line, asking, “What does this verse mean to me in my life?”

**Paraphrase a verse:**

Take a verse of Psalm 23, think about it, and re-write it in your own words.

**Read Psalm 6:**

1. What does it mean to lament?
2. What do you think the Psalmist might have been lamenting?
3. Are there any verses that had special meaning for you? Why?
4. What does this Psalm mean for you in your life today?

What might be some modern-day situations in which Psalms of lament might be appropriate?

**Read Psalm 150:**

1. Why should God be praised?
2. Where should God be praised?
3. Who should praise God?
4. What words do we use to show praise?
5. Does this Psalm say anything to you today?

**Closing prayer:**

Pray for the things you are thankful for.