

# Safe Worship:

## COVID-19 Indoor Safety Guidelines

### Abiding Savior Lutheran Church (ASLC)-Mounds View, MN

#### BASIC INFORMATION

- A reduced number of people will be allowed at any given time in the sanctuary for in-person worship—and areas will be defined by distinct separation, having it's own entry/exit
- Pre-Registration and on-site registration is necessary for Contact Tracing
- Please pre-register for worship at [www.abidingsavior.org](http://www.abidingsavior.org), by 12:00pm, each Friday. You may also pre-register for worship by calling the church office during business hours.
- Whenever possible, everyone in attendance must enter and exit through designated areas that are different from each other.
- All church attendees will be required to wear face coverings, or other appropriate PPE, inside the church building at all times.
- Sanitizer and disinfectant will be available throughout the church, including a Sanitizing Station as you enter.
- As a general rule, ASLC will follow the guidelines outlined in the ASLC Preparedness Plan, guidance from the Minnesota Governor, the Minnesota Department of Health, and the Evangelical Lutheran Church of America in terms of capacity and other social distancing measures.
- If Indoor worship is not an option *OR* you do not feel comfortable attending, catch us live Sunday mornings on Facebook(@abidingsaviorlc). The worship will remain available on Facebook to view at anytime.

#### ARRIVING AND LEAVING IN-PERSON WORSHIP SERVICES

- **All attendees must maintain six feet distance, whenever possible from anyone outside their household**
- Worshipers should enter and leave the facility in a timely fashion and not congregate inside the facility.
- If you are pre-registered for service, no check is necessary. Please enter and proceed to the Sanctuary, where an usher will seat you.
- If you are not pre-registered for service, please follow signage, directing you to the sign-in table for worship in narthex.
- All worshipers will be seated with your household or individually in designated rows in the pews that allow for proper social distancing.
- Sanctuary will be filled from the front to the back of the sanctuary (seat preferences will not be accepted).
- Please see an usher or Pastor if mobility or health issue does not allow you to be seated near the front of the church.
- Upon completion of the in-person worship service, ushers will escort attendees out of the sanctuary from the back rows to the front rows.
- Everyone must leave the church immediately following the service.
- Congregating in the narthex is strictly prohibited.
- Fellowship with others, outside the church, in the parking lot, is acceptable, as long as social distancing is practiced for the safety of others.

#### DURING WORSHIP

- In an effort to minimize COVID exposure, please hum or sing along quietly with the hymns and music but refrain from full voice singing and speaking.
- Offering will be received by the ushers coming to you with a basket, not by passing the offering plate between rows.
- On Sunday's where Communion is served, the body and blood will be distributed in a socially distanced and safe manner. Please stay in your pew and follow the in-service instructions for Communion distribution.
- During the passing of the peace, please stay in your pew and greet your neighbors with a kind gesture and the words "peace be with you." (Resist the temptation to embrace or shake hands)

#### OTHER DETAILS

- If you do not feel comfortable worshipping in person, please join worship online, on Facebook Live.
- In-person indoor worship will be discontinued if deemed unsafe by CDC, MDH, the Governor of the state of Minnesota, or the ASLC Church Council.
- Restrooms will be available as needed. The rest of the church building, with the exception of the sanctuary and narthex will be closed off. This includes the nursery, kitchens, classrooms and drinking fountains.
- Please be patient as we are all navigating through this pandemic and will continue to monitor and update indoor in-person worship guidelines, to ensure that it is being conducted in a safe and meaningful way.

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### Abiding Savior Lutheran Church (ASLC)-Mounds View, MN

#### COMMUNICATION AND CONFIRMED CASES

- ASLC will keep an accurate log of members and guests who attend any indoor worship service. In the case of someone getting infected or exposed, this data will be necessary for Minnesota Department of Health (MDH) to perform contact tracing.
- ASLC must contact the MDH about any suspected case of COVID-19 or known exposure.
- ASLC will post these guidelines, post signage inside the church where applicable, and continue to disseminate COVID-19 safety guidelines and share any and all updates to our members and guests.
- Do not hesitate to contact a Pastor, church staff, or church council members, with any questions that you may have.

#### Symptoms & Self Screening Assessment

##### Questions

If you or any family member have any of the symptoms below, we ask that out of love for your neighbor you not attend in-person worship. Please join us for worship online on Facebook (@abidingsaviorlc).

##### Screening Assessment

- Do you have temperature of 100.4 (F) or higher?
- Do you have a new or worsening cough today?
- Do you have any of these other symptoms?
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

##### Requirements

- Conduct a screening assessment prior to arriving for worship.
- If you answered "Yes" to having any of the symptoms listed, we ask that you stay home.
- Wear a mask inside the church at all times.
- Can't make it to worship on Sunday? Catch our services live on Sunday mornings on Facebook or anytime after via our website!



# STAY SAFE MN

*Living in God's Love*

### STAY SAFE GUIDANCE FOR PLACES OF WORSHIP



Wash hands often



Stay home when sick



Wear a mask

(required in indoor settings)



Stay 6 feet apart

The safety and well being of all ASLC members and guests is our main priority